

## Scouts Canada South Lake Simcoe Area



## Winter Skills

## "TRAINING FOR THE WHITE STUFF"

**WHEN?** Saturday December 3<sup>rd</sup>, 2011.

**TIME?** Registration starts at 8:45 A.M.

Sessions run from 9:00A.M. to 4:00 P.M.

**WHERE?** Scout Hall, Pine St, Newmarket,

**COST?** \$10.00 (includes a Pizza lunch)



## What is covered?

- "what's cool in the Cold" or how to dress for the cold.
- "feeding the furnace" or what to eat and drink.
- "are my fingers suppose to fall off like that?" or how to prevent and treat winter injuries.
- "will I freeze to death in my sleep?" or how to sleep warm at night!
- o "welcome to my Igloo" or how to camp out for the night.
- o "who's fault is it, anyway?" or risk management and lots more!

Who can come? – this is open to Leaders and mature youth members.

What to bring? – a notebook, an open mind and your ten bucks!

Will I be inside or out? - this is an indoor session

<u>Will I get a chance to try this outdoors?</u> – we run this early in the year so you have time to practice your skills. A really good chance for you to try out your skills is at the SLS Winter "Lune-icey" camp in January 2012. More details on Dec 3<sup>rd</sup>.

How to register? Contact Hélène DesRoches via email or phone

Deadline for registration is Nov 30, 2011.